Mental Health Charter

Purpose

We are committed to our College being a place where learning and working exists in an environment that advances equality of opportunity, celebrates diversity and promotes student and staff mental health and well-being.

As a College we commit to:

- ensuring that wellbeing and mental health work is led by senior management who will be supported by a Vice Principal, Head of School, ASC Manager and Mental Health Practitioner;
- having a Wellbeing and Mental Health Policy accompanied by a clear implementation action plan which is monitored regularly and reviewed annually;
- creating an open and inclusive College ethos which includes respect for those with mental ill health;
- promoting fairness, respect, equality, diversity, inclusion and engagement, challenging mental health and promoting wellbeing through curriculum teaching and staff training;
- encouraging and collecting student views on mental health and wellbeing through the relevant forums;

- providing a wide range of opportunities for staff to develop their confidence, knowledge and skills to support students and colleagues with mental health and well-being;
- ensuring a consistent and positive approach to staff wellbeing;
- providing targeted individual mental health support to students who require it and ensuring that all students have information as to how to access this support;
- provide clear and relevant information to parents and carers;
- establishing effective links with all key stakeholders;
- carrying out regular auditing and evaluation of all College wellbeing and mental health services.

David Hughes

Chief Executive, Association of Colleges

Andrew Broadbent

Dudle

Principal and Chief Executive





